### PART III: CONSUMER INFORMATION

# Pr MYLAN-AMLODIPINE (Amlodipine Besylate Tablets)

This leaflet is part III of a three-part "Product Monograph" published when MYLAN-AMLODIPINE was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about MYLAN-AMLODIPINE. Contact your doctor, nurse or pharmacist if you have any questions about the drug.

# ABOUT THIS MEDICATION

#### What the medication is used for:

MYLAN-AMLODIPINE has been prescribed to you for:

- The treatment of high blood pressure (hypertension), or
- The management of a type of chest pain called angina. MYLAN-AMLODIPINE can be used by itself or with other medicines to treat these conditions.

#### What it does:

MYLAN-AMLODIPINE is a type of medicine known as a calcium channel blocker (CCB).

MYLAN-AMLODIPINE relaxes your blood vessels, which lets your blood flow more easily and helps lower your blood pressure. MYLAN-AMLODIPINE controls chest pain by improving the supply of blood and oxygen to the heart and by reducing its workload.

#### When it should not be used:

Do not use MYLAN-AMLODIPINE if you:

- Are allergic to amlodipine (the active ingredient in MYLAN-AMLODIPINE), or to the inactive ingredients listed under "What the nonmedicinal ingredients are" below.
- Have ever had an allergic reaction to a similar type of drug.
- Have very low blood pressure (less than 90 mmHg systolic).
- Have been diagnosed with aortic stenosis (narrowing of the aortic heart valve).
- Have been diagnosed with unstable heart failure after a heart attack.
- Experience shock including cardiogenic shock.
- Are breast-feeding. Do not breast-feed while taking MYLAN-AMLODIPINE.

### What the medicinal ingredient is:

Amlodipine besylate

#### What the nonmedicinal ingredients are:

Magnesium stearate, microcrystalline cellulose, pregelatinized starch, and sodium starch glycolate.

# What dosage forms it comes in:

Tablets: 5 mg and 10 mg amlodipine (as amlodipine besylate).

# WARNINGS AND PRECAUTIONS

BEFORE you use MYLAN-AMLODIPINE talk to your doctor, nurse or pharmacist if you:

- Ever had heart or blood vessel diseases.
- Have a ortic stenosis (narrowing of a valve of your heart).
- Have liver or kidney problems.
- Are pregnant, or plan to become pregnant. MYLAN-AMLODIPINE should not be used during pregnancy unless your doctor tells you otherwise.
- Are older than 65 years.

MYLAN-AMLODIPINE may occasionally cause low blood pressure (hypotension). Your blood pressure should be carefully monitored, especially if you have had a stroke or take other drugs to lower your blood pressure.

If you take MYLAN-AMLODIPINE together with a drug known as beta-blockers (*e.g.* acebutolol, atenolol, metoprolol, nadolol), do not suddenly stop using the beta-blocker. If your doctor advises you to discontinue use of the beta-blocker, your dose should be decreased slowly, as recommended by your doctor, before stopping it completely.

MYLAN-AMLODIPINE is not recommended for use in children less than 6 years of age.

### INTERACTIONS WITH THIS MEDICATION

As with most medicines, interactions with other drugs are possible. Tell your doctor, nurse or pharmacist about all the medicines you take, including drugs prescribed by other doctors, vitamins, minerals, natural supplements, or alternative medicines. Also mention if you drink alcoholic beverages.

#### **Drug-Drug interaction:**

Drugs that may interact with MYLAN-AMLODIPINE include:

- Cyclosporin
- Clarithromycin, Erythromycin (antibiotics)
- Diltiazem
- Azole antifungals (e.g. ketoconazole, itraconazole)
- HIV protease inhibitors (e.g. ritonavir)
- Beta-blockers
- Sildenafil (VIAGRA)
- Statin drugs used to treat high cholesterol (e.g. Simvastatin, Atorvastatin)
- Tacrolimus (an anti-rejection drug)
- Sirolimus, temsirolimus, everolimus
- Dantrolene

### **Drug-Herb interaction:**

St-John Wort

#### **Drug-Food interaction:**

Do not eat grapefruit or drink grapefruit juice while on MYLAN-AMLODIPINE.

#### PROPER USE OF THIS MEDICATION

### IMPORTANT: PLEASE READ

Take MYLAN-AMLODIPINE exactly as prescribed by your doctor, nurse or pharmacist. It may be easier to take your dose if you do it at the same time every day, such as with breakfast or dinner, or at bedtime. Do not stop taking your medication without having first informed your doctor.

#### Usual dose:

For both high blood pressure and chest pain, the recommended initial dose of MYLAN-AMLODIPINE is 5 mg once daily. If necessary, your doctor may increase your dose to a maximum dose of 10 mg once daily.

#### Use in Patients with liver disease:

The starting dose is 2.5 mg once daily and can be gradually increased by your doctor.

#### Use in Children (6-17 years old):

The recommended dose is 2.5 mg to 5 mg once daily.

### **Overdose:**

If you think you have taken too much MYLAN-AMLODIPINE, contact your doctor, nurse, pharmacist, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

One or more of the following signs may occur in an overdose: Low blood pressure and rapid heartbeat.

## **Missed Dose:**

If you miss a dose, take it as soon as you remember. If it has been more than 12 hours since you missed your last dose, skip the missed dose and continue with the next dose at your regular time. Do not take double doses.

# SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Side effects include:

- Headaches
- Tiredness, extreme sleepiness
- Stomach pain, nausea
- Dizziness

If any of these affects you severely, tell your doctor, nurse or pharmacist.

#### SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM Talk with your Symptom / effect Stop doctor, nurse or taking pharmacist drug and get Only if In all immediate severe cases emergency medical help

# SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect		Talk with your doctor, nurse or		Stop taking
		pharn Only if severe	In all cases	drug and get immediate emergency medical
				help
Common	Flushing: Hot			
	or warm	$\sqrt{}$		
	feeling in your face			
	Edema: Swelling of			
	your legs or	$\sqrt{}$		
	ankles			
Uncommon	Arrhythmia:			
	Rapid, slow or irregular heartbeat		√	
	Increased			
	frequency,			
	severity,		,	
	duration of		√	
	angina: Pressing or squeezing pain			
	in your chest			
	Heart Attack:			
	Pain, fullness			
	and/or			
	squeezing of			$\sqrt{}$
	the chest, jaw pain and/or			
	arm pain,			
	shortness of breath			
	Liver Disorder:			
	Yellowing of			
	the skin or eye,		ما	
	dark urine, abdominal pain,		V	
	nausea, vomiting,			
	loss of appetite			
	Allergic			
	Reactions:			
	Rash, hives, swelling of the			
	face, lips,			,
	tongue or			V
	throat,			
	difficulty			
	breathing or swallowing			
	Low Blood			
	Pressure:			
	Dizziness,			
	fainting,			
	lightheadedness	$\sqrt{}$		
	May occur when you go			
	from lying or			
	sitting to			
	standing up			

# SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect		Talk wi doctor, r pharn Only if severe	nurse or	Stop taking drug and get immediate emergency medical help
Unknown	Extrapyramidal symptoms: Muscle stiffness, body spasms, upward eye rolling, exaggeration of reflexes, drooling, difficulty moving how and when you want.			٧



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This is not a complete list of side effects. For any unexpected effects while taking MYLAN-AMLODIPINE, contact your doctor, nurse or pharmacist.

## **HOW TO STORE IT**

Keep MYLAN-AMLODIPINE out of the reach and sight of children. Store MYLAN-AMLODIPINE tablets at room temperature (between 15°C-30°C). Protect MYLAN-AMLODIPINE from light.

## **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/healthcanada/services/drugs-health-products/medeffectcanada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice

### MORE INFORMATION

This document can be found at: www.mylan.ca.

The full Product Monograph prepared for health professionals can be obtained by contacting the sponsor, Mylan Pharmaceuticals ULC at: 1-844-596-9526

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