

## Patient Card for Valproate <Mylan-Divalproex (divalproex sodium)>:

### Contraception and Pregnancy - What you must know\*

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- It is important to visit your specialist to review your treatment at least once a year.

*\*This applies to all girls and women using valproate and who could become pregnant. Keep this card safe so you always know what to do.*

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## Patient Card for Valproate <Mylan-Divalproex (divalproex sodium)>: Contraception and Pregnancy

### What you must do\*

- Read the package leaflet carefully before use.
- Never stop taking valproate without discussing it with your doctor as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant, schedule an urgent appointment with your doctor.
- Ask your doctor to give you the patient guide. *More information about valproate use can be found in the Product Monograph (PM).*

*\*This applies to all girls and women using valproate and who could become pregnant.  
Keep this card safe so you always know what to do.*

